



WORKSHOPS BY CASL

PRESENTER WORKSHOP

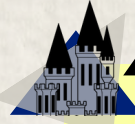
DESCRIPTION

PRESENTER	WORKSHOP	DESCRIPTION
Aarush Gupta	The Productivity Playlist	Let's uproot the tips and tricks that we've normalized as time management. Instead, listen to the songs of focus, prioritization, and the philosophy of time as we craft our own productivity playlists.
Angela Rico	1-2-3, Count on Me!	Authentic and dependable leaders have one thing in common: accountability! Let's learn how to break our habits together in order to become accountable for ourselves and others.
Audrey Peterson	Edify Energy	Change doesn't happen unless we're willing to have open minds. Join us as we discuss the importance of taking a step back, remembering our "why," and reflecting on the energy that surrounds us daily.
Bella De Vita	Purposefully Present	As student leaders, we seem to always have our eye on the future. Let's explore the culture of future time orientation and analyze the role of mindfulness.
Daniel Choi	Develop Your Spidey-Sense	Can we actually have a spidey sense? Let's explore this as we learn how to heighten our senses and effectively lead with a new perspective.
Desiree Diaz	Be the Bridge	Connection plays an integral role in effectively serving our communities. Let's gain new tools to build bridges of unity, strengthening our campus culture.
Diane Kim	Newsflash!	Let's shift the understanding of what a leader is and challenge the phrase "it's lonely at the top." Learn how we can guide others to join us, not shut them out. Discover the power of humility, together.
Donovan Rudish	The Social Struggle	Awkward social situations and stale conversations are uncomfortable. Let's explore the tools we can use to solve these problems and overcome the struggle.
Esi Otoo	Who Tells Your Story?	To leave a legacy is to make an impact that lasts in your absence. Let's discuss how we can ensure our work will be remembered and our legacy will last.
Giana Bove	Oh Hey There!	Meeting new people usually starts with surface level conversations, but that's boring! Let's practice the art of meeting someone new in a different way and learn how to deepen the discussion.
Izzy Dadalt	Solving Your School's Puzzle	Problem solving is on all of our minds, which pieces fit together and what ideas have the best outcome. But, you have to know what problems to solve and what solutions fit in the puzzle of your school!
Jude Hammouda	Ignite the Spark	Explore the importance of connection on campus. Through reflection and collaboration, we will analyze the key role of connectivity in our student bodies and how we can ignite the spark.
Katarina Dragasevic	The Road to Failure	Oftentimes, failure can seem like the end of the road. Buckle up as we challenge this narrative, exploring how failure can instead serve as a catalyst for growth.
Kaylie McMillen	The Building Blocks of Culture	Let's explore the composition of our campus culture. We will engage in intentional discussion and collaboration, learning how to encourage participation and create a positive culture.
Nadine Mae Padrigon	Do You Have a Minute?	Whenever we acknowledge our unique experiences, we feel the innate desire to be understood. Let's explore how to establish comfort in vulnerability and practice emotional validation through effective communication, starting with finding the courage to ask someone, "Do you have a minute?"
Natalia Ochoa	Unpacking Privilege	We serve students from a diverse variety of backgrounds and perspectives. Join us as we learn how to create an accessible and enjoyable environment for all students on our campus.
Noa Berry	Keeping Mindfulness in Mind	What goes on in the mind of a leader? Through intentional discussion, we will reflect on what it means to cultivate curiosity through mindfulness.
Omar Alvarez	Mirror, Mirror	Perception is a driving force of progressive change, both individual and collective. Join us as we analyze the role of perspective and learn how to optimize personal growth.
Sara Miller	Curiosity Unleashed	We often form opinions without all the facts. However, it's essential to cultivate a mindset of curiosity - not judgment. Explore the power of curiosity to transform our perspective.
Shivansh Kelkar	Refuel	What gives us the energy to persist when our engine is empty? Let's explore this as we discuss how to move past obstacles and when we need to make a pit stop.
Rohitha Tammineedi	The Optimist's Guide to Risk Taking	Join us on an exciting adventure as we explore the concept of optimism. On our path to positivity, we will discover the art of taking risks and embracing new perspectives.
ZyZy Ray	Oh No!	What do we do when everything that goes wrong, does? Together, let's tackle strategies on how to improve our situation when our plans are uprooted.

MESSAGES

FROM

CASL'S COMMITTEES TO YOU!



Dear Advisors,

As esteemed mentors and guides, your role in nurturing student leadership is essential. The Elections Committee is excited to share the opportunity to influence the future of the California Association Of Student Leaders (CASL). We invite you to support and encourage your students to apply for our CASL State Board.

Why should your students apply? Here's why:

1. Developing the Best Leaders: By endorsing and guiding students in the application process, you're actively contributing to the development of their leadership skills. Your student will bring fresh ideas and creative solutions to improve your leadership program, campus, and local community.
2. Help your program go from good to great: Being on the CASL State Board offers an extraordinary platform for students to work collaboratively, enhancing their public-speaking and communication skills while presenting across the state of California.

Here's how you can help:

Share Information: All Applications are now out! Take some time to go over each guidebook and position with your students, anyone can apply!

Support Their Journey: Be there to provide encouragement and support as they take the next step to advance their leadership.

With your initiative, your students can become inspiring leaders and enact positive change within California. Let's Embrace the Potential of our leaders!

CASL Board Applications are open here: <https://caslfan.com/elections/>

Application Deadline: February 9th, 2024 3:15 PM

Finalists List: March 12th, 2024 4:00 PM

With Boundless Excitement, CASL Elections
CASLElections@caslboard.com



The Service Committee is dedicating their heart and soul to creating an immersive experience for all delegates at this year's CASL State Conference. Our mission is to encourage and uplift service-oriented leaders throughout the state, provide resources, and create opportunities for all of our delegates. Each and every one of us brings something different to the table, and it is crucial that we embrace all of our different perspectives and ideas. CASL's Excellence in Service Award (EISA) was initiated with the intention to spotlight and celebrate student leaders who have given back to the community by fulfilling local, group, and statewide needs. If you would like to share your service project with the state, make sure to take a look at our EISA application! We would love some new insight and ideas on how we can all embody servant leadership in our own campuses and communities! More information can be found on www.caslboard.com/EISA and our Instagram, @caslfan!



The Visualizations team on the CASL State Board is focused on the creation of the visual aspect for the state conference. As many of you may know, our theme this year is CASL's Closet. The Visualizations committee wants to immerse our delegates and conference attendees in the world of fashion. We hope that you and your students can come along with us as we explore the idea of trust and embrace the potential through the concept of fashion! Currently, the Visualizations team is picking out the giveaways the delegates will receive at the conference and is putting together all the conference aesthetics. We are so excited for you to see our work at the conference, and we hope to see you in Ontario!

EMBRACE THE POTENTIAL.

WHEN I FIRST DIPPED MY TOES INTO THE WORLD OF LEADERSHIP IN SEVENTH GRADE, I WAS BUZZING WITH EXCITEMENT ON HOW TO CREATE A BETTER CULTURE FOR MY CAMPUS. LEARNING HOW TO PLAN EVENTS, DELEGATE TASKS, AND OF COURSE, CREATE POSTERS, WAS ALL NEW TO ME. I TOOK ON ANYTHING I COULD, EAGER TO SUPPORT MY PEERS AND CREATE A WELCOMING ATMOSPHERE.

AS LEADERSHIP BECAME MY DRIVE, I KNEW I WANTED TO RUN FOR ASB PRESIDENT. HOWEVER, I WAS AFRAID TO EMBRACE THE POTENTIAL, FEARFUL OF THE OUTCOME. RIGHT BEFORE SCHOOL ELECTIONS, I HAD THE PRIVILEGE OF ATTENDING THE 2019 CASL CONFERENCE, WHERE I WAS ENDLESSLY INSPIRED BY OTHER STUDENT LEADERS MY AGE. I KNEW I WANTED TO BRING BACK THE IDEAS AND LESSONS WE LEARNED TO MY OWN CAMPUS. THROUGH CASL, I BECAME MORE CONFIDENT AND WILLING TO EMBARK ON A JOURNEY OF UNKNOWNNS.

NOW, MORE THAN FIVE YEARS LATER, AS CASL STATE PRESIDENT, I'M ELATED TO WELCOME STUDENT LEADERS ACROSS CALIFORNIA TO OUR CONFERENCE--STRIVING TO CREATE THE SAME BELONGING AND JOY I FELT AS A DELEGATE.

AT CASL'S CLOSET, WE SEEK OUT HIDDEN POTENTIAL, EMBRACING THE EXCITEMENT OF LEADERSHIP. STUDENTS WILL HAVE THE OPPORTUNITY TO MEET OTHER LEADERS THEIR AGE, LEARN NEW CURRICULUM, ATTEND OUR SERVICE LEARNING EXPERIENCE, AND SO MUCH MORE.

WE WELCOME YOU WITH WARM ARMS TO CASL'S CLOSET AND INVITE YOU ALL TO EMBRACE THE POTENTIAL WITH US. SEE YOU ON APRIL 11-13 FOR MS AND APRIL 13-15 FOR HS AT THE ONTARIO CONVENTION CENTER!

HERE'S A SNEAK PEEK AS TO WHAT OUR COMMITTEES, SERVICE, VIZ, CURRICULUM, AND ELECTIONS HAVE BEEN WORKING ON FOR THE CONFERENCE!

**WITH MUCH CASLOVE,
DIANE KIM
2023-24 CASL STATE PRESIDENT**