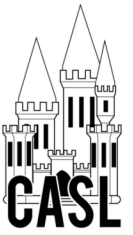




DEVELOP YOUR SPIDEY-SENSE



1. ATTITUDE

◆ ◆

WHAT IS MINDFULNESS?

2. INTENTION

◆ ◆

3. ACCEPTANCE

◆ ◆

CALIFORNIA ASSOCIATION OF STUDENT LEADERS



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