



### **ARTICLES:**

#### It's a Mistake Not to Use Mistakes as Part of the Learning Process - Richard Curwin

https://www.edutopia.org/blog/use-mistakes-in-learning-process-richard-curwin

Strategies for Learning from Failure - Amy C. Edmonson

https://hbr.org/2011/04/strategies-for-learning-from-failure

# **PODCASTS:**

How to Learn Faster by Using Failure, Movement, and Balance -Huberman Labs

https://open.spotify.com/episode/0p9sgSEE3cKbNdIfNnzJid?si=cedf600dc3c14248

Brené and Barret on Building Brave Spaces - Brené Brown

https://open.spotify.com/episode/5Uo5z5na95iICY8EzLdFn7?si=bdae527455e74534

# **VIDEOS:**

TED Talk: How failure cultivates resilience - Raphael Rose

https://www.ted.com/talks/raphael\_rose\_how\_failure\_cultivates\_resilience

TED Talk: The unexpected benefit of celebrating failure - Astro

#### Teller

https://www.ted.com/talks/astro\_teller\_the\_unexpected\_benefit\_of\_celebrating\_failure

