

# CASL'S CORNER

## SEPTEMBER BOARD MEETING

The CASL State Board had its second Board Meeting of the year in Santa Clara, CA where the 2025 State Conference will take place! This board meeting was mainly devoted to workshops, while board members also continued to plan the State Conference and did various committee work. This weekend was full of laughter, special guests, and lots of hard work! Stay tuned on our social media for recap videos provided by the Media committee!



## COMMITTEE UPDATES

### CURRICULUM

The Curriculum Committee has been hard at work since August researching the importance of wonder and how we can all unleash our curiosity. We're excited to be approaching the finish line for drafting the Curriculum-based Area Rooms and Intrastate. As we begin drafting visuals, the entire team is looking forward to creating something impactful for the leaders of tomorrow.

### MEDIA

The Media committee has been working on developing the conference promotional materials, including the program, rotation, and workshop tickets! As we *unleash our own curiosity*, we are beyond excited to share with each of you what we have been creating!

### ELECTIONS

The elections committee is almost finished with finalizing all the logistical parts of the application (guidebooks, submission forms, response email), making it easy to access, and equitable for everyone interested in applying! We are working on publicizing our elections process through posts and videos on social media to reach as many people as possible! We are in the process of implementing our application rollout, with CASL Board Applications being released on November 4th. We are beyond excited to share this process with you and cannot wait to see your applications.





## OUTREACH

Our Outreach committee has been dedicated to creating resources for our students all across California. Our newly established CASL Magic support calls, monthly Outreach projects, Ambassador calls, and the Newsletter you're reading now have all been developed by Outreach to create different ways for delegates to get involved.

## SERVICE

The Service committee has been working diligently to find partnerships with various organizations. We are meeting every Wednesday and have reached out to multiple new partners! The committee is planning our service learning experience and brainstorming potential pre-conference activities to align with our mission of inspiring service across the state.

# MORE INSIGHT ON UPCOMING BOARD ELECTIONS



My name is Shivansh Kelkar, and I'm a Northern Regional Director on the CASL State Board! I serve as the lead of the Elections Committee, and I'm so excited for this year! I hope to create an equitable elections experience where as many people as possible have the opportunity to become involved with CASL (specifically running for the board). CASL has helped me and so many others grow to new heights, and I want to instill that same love that I have for this organization in others!

Getting involved is as easy as going to the CASL website ([caslfan.com](http://caslfan.com))! There you can find all of the current info, as well as all future information related to the election process! Make sure to follow our Instagram ([@caslfan](https://www.instagram.com/caslfan)) as well! The CASL Board consists of the following: Northern/Southern Regional Director, Freshman Director, and Web/Digital Media Director! Each of these positions has a variety of responsibilities, with a multitude of ways to express your leadership skills.

Get ready, because all applications will be open on **November 4th at 3 PM!** When applications are released, there will be guidebooks for all the positions available, highlighting the application process and the responsibilities for each position. Each application also features written short responses and video questions to answer, with the Web/Digital Media position requiring additional submissions highlighting your artistic capabilities.

One of my favorite opportunities as a board member is being able to present workshops. I've been able to share with students all over the state about topics that I'm truly passionate about, and through that, my presentation skills have increased significantly. Another opportunity that board members get is the opportunity to connect. You meet so many people, from all over the state, people who have the same passion for leadership as you, and it's very refreshing! And with the other board members as well, you make connections that last for so long, and genuine ones too! With all the opportunities CASL has given me, it's changed my life in so many amazing ways, helping me grow as a leader, and as a person, too.

Thank you for being involved with CASL, even through reading this newsletter! Student leaders are often the backbone of our schools, and I commend you for taking the initiative to create positive change in your community!

Sending lots of CASLove :D





# UPCOMING GASL EVENTS

## Leadership Development Days:

Nov 12, 2024

Area D Central @ Nipomo High

Nov 20, 2024

Summerville High School

## AREA CONFERENCE

- Nov 4, 2024 - 8:30am - 2:00pm Disneyland High School Conference Hosted by Area F
- Nov 4, 2024 - 9:30 AM - 2:00 PM Salinas Student Conference Hosted by Area D
- Nov 7, 2024 - 9:00 AM - 2:00 PM Oxnard Student Conference hosted By Area D
- Nov 14, 2024 - 12:30 PM - 4:30 PM San Diego Advisor Conference Hosted By Area G
- Nov 25, 2024 - 8:30 AM - 1:00 PM Bay Area Student Conference Hosted By Area B

# STUDENT ACCOMPLISHMENTS

## Elliot Armstrong

Hi! My name is Elliot Armstrong and I am a freshman at Twelve Bridges High School in Lincoln, California. This year I started a club at my school called Hope For Hospitals! I am the president and my friends Grace, Peyton, Anastasia, and Ellie are all of my amazing fellow officers! We meet once a week during lunch and we make friendship bracelets! These bracelets are then packaged and shipped to different hospitals in our surrounding area, then they are given to children being treated in the pediatric wing!! Our goal is to spread some positivity and kindness to kids going through a difficult time. We have many supportive members who work hard every week and have made over 120 bracelets so far this year. Thank you so much for listening to my story, and remember, a small act of kindness can go farther than you can imagine.



"Darkness cannot drive out darkness, only light can do that. Hate cannot drive out hate, only love can do that." - Martin Luther King Jr.





## Muskaan Kaur Thindal

I am currently a Junior at Dinuba High School and I want to share about community service events I have helped lead. One is a Christmas Toy Emporium which is a community service project distributing toys to local children in need while bringing together students from different Career Technical Education (CTE) pathways to volunteer.

A community service project I have personally created with a group of others is called Spreading Smiles which is for a Mental Health Promotion HOSA competition. Spreading Smiles isn't just a platform it's a connection for teenagers to share and meet people who are similar to them. Together we all stand and normalize emotions supporting one another through the simple action of spreading smiles.

A piece of advice I would want to give to anyone who wants to create a difference of any kind is to always start small because the smallest things can mean the most, even creating a smile on someone's face can show the fact you have created an impact.



## Ysabella Tolentino, Sania Gulati

Tots Explorations, a branch of SSF Brain Explorations, is a program designed to introduce young children, ages 4-7, to the fascinating world of neuroscience through easy, yet fun interactive activities. The program focuses on engaging children's natural curiosity by exploring basic brain functions and early cognitive development.

A special feature of Tots Explorations is our custom story coloring book, created especially for the children. In this book, each of our board members is creatively portrayed as different parts of the brain, with each character representing a unique brain function. The story is designed to teach kids about the brain's different parts in a way that's both educational and entertaining, allowing them to color along and engage with the story while learning.

Through our main designated activities, which are storytelling and interactive sing-a-longs, Tots Explorations aims to make neuroscience approachable and enjoyable for early learners, helping to foster a lifelong interest within the brain.





SSF Brain Explorations is a community-driven program based at the South San Francisco Public Library, dedicated to making neuroscience accessible and exciting for young learners. Founded with the vision of inspiring the next generation of scientists, our programs offer a range of hands-on activities, workshops, and educational events that delve into the fascinating world of the brain. From exploring brain anatomy to understanding neurodegenerative diseases, we aim to spark curiosity and foster a love for science in children of all ages. Whether you're a parent looking to enrich your child's learning experience or a student eager to volunteer and make a difference, SSF Brain Explorations is the place where young minds come to grow. Our Programs Include: Brain Explorations and Tot Explorations. In the future, we are planning to host a Women in Neuroscience Speaker Series and our Teen NeuroDiscoveries Group Internship!

Our Board Members consist of 5 members (with some taking part in the CASL Ambassador Program).

- Sania Gulati (Lead Director & Co-founder)
- Ysabella Tolentino (Vice Director & Co-founder)
- Bel Gawat (Public Relations Executive)
- Elyssa Arroyo (Marketing Director)
- Leynette Macaldao (Secretarial Lead)

Social Media:


- Email: [ssfbrainexplorations@gmail.com](mailto:ssfbrainexplorations@gmail.com)
- Instagram: [@ssfbrainexplorations](https://www.instagram.com/ssfbrainexplorations)
- LinkedIn: SSF Brain Explorations
- Facebook: SSF Brain Explorations
- TikTok: [@ssfbrainexplorations](https://www.tiktok.com/@ssfbrainexplorations)

Additional Information:

- We have provided this service to over 100 children (both summer and fall)
- We have been spotlighted by the San Mateo County Instagram
- Endorsed by the Mayor of South San Francisco (James Coleman)


# CASL BOARD WORKSHOPS

CASL State Board Members have the opportunity to create a workshop on any topic of their choice! A workshop has personalized curriculum created by each board member teaching different student skills and lessons. These workshops can be found in Area Conferences near you and the CASL State Conference in April! Here is a glimpse of a few Board Member Workshops

 **Jay Bhimani**  
Northern Regional Director


**The Power of One**

EACH INDIVIDUAL VOTE MATTERS. USING ENGAGING ACTIVITIES AND INTERESTING STATISTICS, LET'S LEARN THE BENEFITS AND DIFFERENCES IN APPROVAL VOTING RATHER THAN PLURALITY/MAJORITY VOTING.

 **Eunbee Ahn**  
Southern Regional Director


**Cash In Cash Out**

SMALL FAVORS HAVE UNIQUE WAYS OF BUILDING COMMUNITY. AS WE LEARN THE VALUE OF ASKING FOR HELP, WE CAN DISCOVER AN ECONOMY OF SMALL FAVORS THAT WILL HELP TO BREAK THE WORLD OUT OF ITS GROWING SHELL OF ISOLATIONISM.

 **Taylor Arun**  
Southern Regional Director

**Fear the Fear of Letting Go**

WE HAVE THE CAPABILITY OF BEING THE BEST VERSIONS OF OURSELVES. JOIN US AS WE LEARN THE IMPORTANCE OF BREAKING THE HABIT OF STAYING WITHIN OUR COMFORT BOUNDARIES.

 **Brooke Yavedra**  
Southern Regional Director

**You Get What You Give**

LET'S UNLEASH OUR LEADERSHIP, WHERE WE DIVE INTO THE IMPORTANCE OF WORK ETHIC AND EFFORT. THROUGH AN INTERACTIVE SESSION, WE WILL UNCOVER JUST HOW TRUE THE SAYING, "YOU ARE WHAT YOU EAT," APPLIES TO OUR LIVES.

 **Tashvi Ratnani**  
Southern Regional Director

**From the Ground Up**

A TEAM REQUIRES DIFFERENT TYPES OF PEOPLE TO BE SUCCESSFUL. JOIN US AS WE FOCUS ON HOW ALL TEAMS ARE INTERCONNECTED AND PRACTICE HOW TO CREATE A STRONG WEB OF SUPPORT AND TRUST IN ORDER TO WORK TOGETHER.





# CASL BOARD FAVORITE HALLOWEEN MOVIES



**LIHNA SONG:** “My favorite movie is “Harry Potter and the Goblet of Fire” because I always binge watch Harry Potter Movies during spooky season and I love reading the books”

**SHIVANSH KELKAR:** “My favorite Halloween movie is also Harry Potter because it was my first time hearing and learning about Halloween!”

**EUNBEE AHN:** “My favorite Halloween series is also Harry Potter because my family used to watch them in marathons during the Halloween + holiday season”

**SALVADOR RENTERIA:** “My favorite spooky time Halloween movie is Happy Potter and the Sorcerer’s Stone, because it was the first Harry Potter movie I watched, and it brings back fun memories.”

**VIVIAN ZHANG:** “My favorite movies are any of the Harry Potter movies! My brother and I used to watch them together every Halloween!”



**JAXON ALBANO:** “My favorite movie in the fall is “Girl vs Monster” because it's such a classic Disney movie that brings so much nostalgia! Also, the songs are bangers!”

**KAITLAN SAKUMA:** “My favorite Halloween movie is Girl Vs. Monster on Disney because I used to watch it at my grandparents house all the time during the spooky season and it’s not too scary (I can’t do horror) but still has a little thrill :)”

**TAYLOR ARUN:** “My favorite Halloween movie Girl vs. Monster, I used to watch it with my older sister on repeat and it brings me nostalgia”

**NADINE MAE PADRIGON:** “My favorite Halloween movie is “Girl vs. Monster” because I watched it so much when I was younger!”



**AUDREY PETERSON:** “My favorite Halloween movie is “It’s a Great Pumpkin” since my family would watch it growing up!”

**DONOVAN RUDISH:** “Mine is “It’s the Great Pumpkin, Charlie Brown.” I used to watch that with my family a lot and it’s really nostalgic.”





**NATALIE NAVARRO:** “My favorite one would be “Ghostbusters” because my family and I used to watch it together often. My sisters and I would also dance to the theme song. Overall, I think it’s a great movie and brings back lots of memories!”



**SIYONA KATHURIA:** “My favorite movie is also Ghostbusters because I used to always watch it with my brother on Halloween when I was younger!”

**BROOKE SAAVEDRA:** “My favorite Halloween movie is Ghostbusters because of this specific green ghost and it’s something my siblings would watch a ton!”



**SAVANNAH NALLS:** “My favorite is the “Nightmare Before Christmas” because I love all the songs and the controversy between if it’s a Christmas movie or a halloween movie.”



**ELYANNA KWOK:** “My favorite Halloween movie is “The Nightmare Before Christmas” because it’s a fun take on two holidays! I also really love zero the ghost dog <3”

**DULCE MARTINEZ:** “My favorite Halloween movie is “The Nightmare Before Christmas!” It is well beloved in my family. I remember my little brother used to always dance to the opening scene!”



**ALEX VALERIE CANDIA:** “Mine is “Corpse bride” because of the art style. Growing up I used to watch it and be mesmerized by the animation & character design! The storyline is beautiful aswell :))



**TASHVI RATNANI:** “My favorite Halloween movie is Happy Halloween Scooby Doo! I love all the scooby doo movies and it’s so cute to watch with friends 😊”



**LANI KIM:** “My favorite halloween movie is Coraline because it is one of the first Halloween movies I saw.”

**Thank you for reading!**

Contact them:

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Keep reading for info on our CASL Magic + Ambassador calls —>





# DID YOU ATTEND OUR SEPT. CASL AMBASSADOR CALL?



Southern Regional Director Taylor Arun hosted September's Ambassador Call! Student leaders were able to discuss communication as an essential leadership skill. Delegates across California bonded by making hypothetical inventions aimed at improving communication at their schools while sharing strategies to improve their communication in tangible ways.



*Want to become an Ambassador?*  
sign up [here](#) or check out our [ambassador page](#)!

## AMBASSADOR FEATURES:

Hannah A. Bautista

I joined the Ambassadors Program because of my friend Brooke. Last school year she sent me a link to join her in a CASL meeting. When I joined everyone was talking, asking and telling some very important questions on what we can do to be a great leader in our community, which really helped me shape my own leadership skills. Now I joined because I enjoy learning and developing more of my leadership skills. This program also helped me branch out and talk with high schoolers all over the state of California, where I have heard about so many different school cultures. I'm so glad I joined the Ambassadors Program so early in my high school experience because it really helped me learn new ways to make my school campus better and make me a better leader and person!

### September Ambassador Call

**COMMUNICATION**

The exchange of information from an individual/group to another through writing or speaking in effort to create an understanding.





Alena Olagundoye

I joined the Ambassador Program because it seemed like the perfect way to interact and make connections with people similar to me, that are all over the state! After joining, my experience has been great with every meeting being insightful, with a positive discussion space!

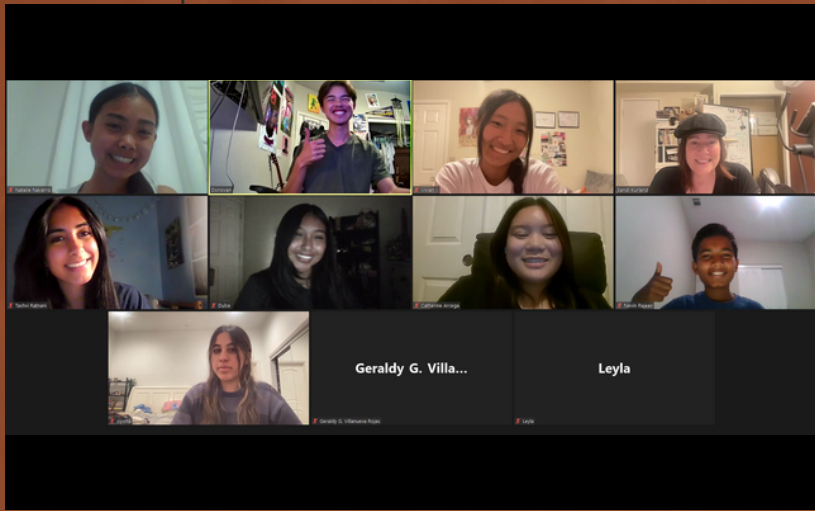




# CASL MAGIC CALLS!

CASL Magic calls are monthly meetings held over Zoom throughout the year. The purpose of these calls is to simplify the process of registering for our Leadership Development Days, Area Conferences, and the 2025 State Conference. Advisors and delegates can attend these calls and ask board members any questions they have regarding the registration process or any overall questions about CASL.

October Call



Fill out [this interest form](#) or scan the QR code to join our next meeting!



## Upcoming calls:

Thursday November 7th 7:30pm

Wednesday January 8th 7:30pm

Thursday December 5th 7:30pm

Thursday February 6th 7:30pm

# HAVE A SPOOKY AND SAFE HALLOWEEN!

With much CASLove,



The 2024-2025 CASL State Board

## CONTACT US:

@caslfan (on all platforms)

Any questions? DM us on Instagram or email [@donovan.rudish@caslfan.com](mailto:@donovan.rudish@caslfan.com)

