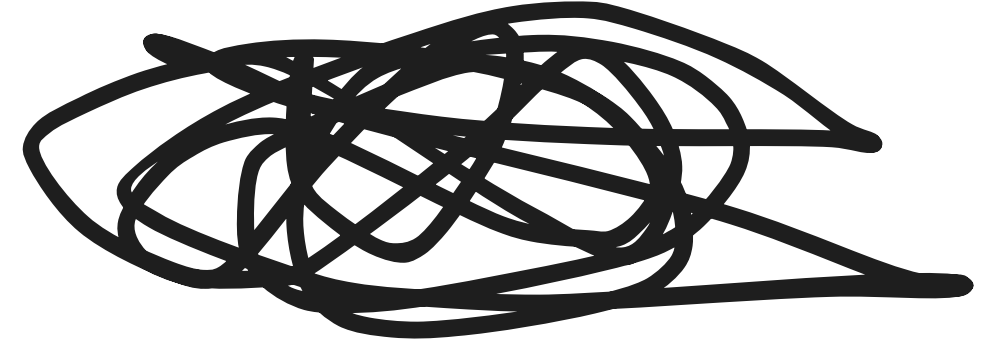


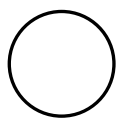
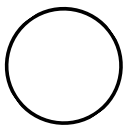
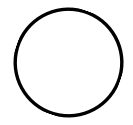
# THE BETTER YOU

How do I overcome



# SELF DOUBT?

1. \_\_\_\_\_



2.

\_\_\_\_\_

**WANTS:**

-  
-  
-  
-

**NEEDS:**

-  
-  
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-

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