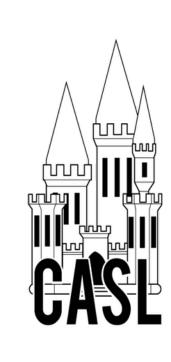
THE BETTER YOU

How do I overcome SELF DOUBT?

1.		
	WANTS:	NEEDS:
	WAINI S.	

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SOURCES

- THE POWER OF SACRIFICE JOHN MANWEL
- The Importance of Having a Support System (MHFA)
- Self Improvement and Realization (Vocal)

